

Grassroots Football COVID-19 Risk Assessment

Name of Club:	Assessed By	Steven Harniman	Assessment Date	29/7/2020
Hadleigh Youth Football Club	Checked By	Peter Styles (Club Chairman)	Checked Date	29/7/2020

Activity	Matters to consider	Control measures and action plan
Pre-planning	Written consent to participate in activities	Send out an email asking for a reply stating they consent for their child to participate in activities and/or have a consent form as part of player registration.
	High-risk players and officials with underlying health issues within the household	Request that any players or officials within the club communicate such circumstances with us so that we can make a decision on how to proceed with reducing risk. Consider limiting the number of high-risk persons present at events or shielding them away from others. Information request to be sent out as part of a Spond COVID 19 communication
Communication	Communicating with players and officials about the risks involved and	Information should be distributed by the club to players and officials regarding; <ul style="list-style-type: none"> • The COVID-19 risk and symptoms, and the practices that should be undertaken to mitigate risks. • Awareness that although COVID-19 infection risks can be minimised through adherence to the club's policies and procedures, they cannot be eliminated and risks remain for at-risk populations, their families, and the potential for unintended transmission. • The club's approach, standards, and policies to mitigate the risks. <p>Before leaving home to attend a session, players and club officials should assess whether they have any symptoms of COVID-19, for example, a high temperature or fever, a new continuous cough, new unexplained shortness of breath, loss of taste, or smell etc. Players and officials should be instructed in communications to stay home and not attend any sessions when they are showing symptoms of COVID-19, or have had close contact with a person with COVID-19.</p> <p>Information to be sent out as part of a Spond COVID 19 communication.</p>

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Transportation	Use of public and private transportation to attend club activities	<p>For those attending activities through the use of private transport, discourage the use of car pools to transport participants who do not live in the same household.</p> <p>Avoid use of public transport if possible / or wear face coverings as required by present legislation.</p>
Pre-event (training, social, match)	Arrival of players and parents/carers at venue	<p>Players and parents/carers should not congregate and should ideally stay in cars until just before the start of the session.</p> <p>Parents/carers should continue social distancing as per Government advice and limit to groups of 6 people from separate households.</p>
	Pre-event health checks	<p>On acceptance of a Spond invite to an event, Parents/Carers are agreeing to do self-screen checks.</p> <p>1) The existence of any COVID-19 symptoms in the last 10 days, for example:</p> <ul style="list-style-type: none"> • New continuous cough. • Fever/temperature. • Unusually short of breath during exercise or at rest. • Loss of or change in normal sense of taste or smell. • A sore throat • Feeling generally unwell in any other way. <p>2) That they have not been in contact with a COVID-19 confirmed or suspected case in the 14 days, and that no one in the same household is unwell.</p>
	Register of those who attend sessions (to aid NHS Test and Trace if needed)	<p>Events to be sent out by Spond with a response required.</p> <p>Parents/carers reminded to keep contact details up to date.</p>
During event	Particular training activities	<p>The type, duration, layout, and location of the activity should be considered closely.</p> <p>Training sessions should be designed and pre-planned in advance to ensure that social distancing can be maintained wherever possible and structured to enable adherence to the risk assessment at all times.</p> <p>Size of group sessions should follow the latest Government guidance</p>
	Shared use of equipment at training and matches presents a risk of transmitting infection to others	<p>Only equipment deemed as essential should be used during training. Any equipment used by a player should be thoroughly cleaned/sanitised before it can be used again by another person not from the same household.</p>

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		The use of team shared equipment, (e.g. protective gear, footballs, cones, etc.) should be limited whenever possible to one group of players at a time and sanitised between uses.
	Cleaning routines during sessions	Hand sanitiser to be made available by the club for use between play periods, as well as antibacterial wipes for disinfecting player provided equipment, hard surfaces and shared equipment.
	Food and drink	Players and officials to bring their own personalised water bottles to all team activities to help reduce the transmission risk. Individuals should take their own water bottles home for cleaning and sanitisation. Ideally, no food should be consumed on site.
	Ensuring player conduct reduces risk of transmission	<p>Players and officials must be told to refrain from spitting and the use of chewing gum, both of which can increase the risk of transmission.</p> <p>Players and officials should refrain from unnecessary physical contact, including handshakes, high fives, chest bumps, group celebrations, etc.</p>
	Provision for safe first aid for participants	<p>If a player gets injured, a member of their household or support bubble should administer treatment unless life threatening, or serious injury necessitates compromising guidelines to provide emergency care.</p> <p>Provision of PPE equipment to those who may need to provide the treatment i.e. face masks and/or gloves</p>
Post-event	Players and officials leaving the venue	Players and team staff should quickly exit the session location after the event and go directly to their cars/public transport without congregating with other players.
	Cleaning of kit and clothing	<p>Wherever practically possible, kit or clothing worn by participants should be taken home by that individual to be laundered after all activities.</p> <p>Where this is not possible, for instance in the case of football kits, these items should be stored securely in a bag and handled with the use of PPE i.e. face mask or gloves.</p> <p>All pitch furniture, hard surfaces and shared equipment to be cleaned down thoroughly using antibacterial wipes.</p>